

Offering wellness services to your employees is a win-win. You can expect myriad positive benefits both for your company and workforce, including:

- Reduced stress among your staff
- Increased productivity, focus, and mental clarity
- Boosted employee morale.
- Prevention of chronic and acute injuries
- Better staff retention rates
- Fewer sick days needed by employees.
- Team building and sense of rapport and community among staff.



INTEGRATIVE HEATH

Founded as a nonprofit in 2006, we believe that income shouldn't determine your access to healing, so our integrated health services are available to all San Diegans. Full-priced services in our office support free and low-cost treatments through events and partnerships.

Whether you're healing from injury or maintaining wellness, we're committed to healing from the root cause. Our patients get exceptional acupuncture, chiropractic, clinical massage, naturopathic medicine, and other integrative healing services in our Normal Heights location.



CONTACT FOR MORE INFO

 (619) 546-4806

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COMMUNITY WELLNESS

COLLABORATIVE

Corporate Program

www.communitywellness.org



SYNERGY PRICING

CHAIR MASSAGE (per Therapist) (10 or 15mins / employee)

Total Time	Price
1hr	\$100
2hrs	\$95
3hrs	\$90

- Total time includes an intake discussion, hands-on time, transitioning between clients, sanitizing equipment between each use, and time to rest in between clients

ACUPUNCTURE (per L.A.c)

Option	Community	NADA	Price
#1	3	5	\$85
#2	6	10	\$130
#3	9	15	\$175

- Each session takes approximately 45 minutes total, with two patients under supervised care at a time.
- Acupuncture sessions require 3 stable chairs with armrests per Acupuncturist. Access to arms and legs is helpful.

ENERGY HEALING

(15mins / employee)

Total Time	Price
1hr	\$110
2hrs	\$210

***Tips given by employees in lieu of all-inclusive rates where tips are paid by employer**



SYNERGY SESSION

Promote team building through well-being. Schedule our services for your entire team to enjoy at your chosen location.

Services

- Chair Massage
- Community or NADA Acupuncture
- Energy Healing

After the event, employees receive \$15 off their first scheduled acupuncture, chiropractic or clinical massage visit at our Adams Ave location in Normal Heights.

CORPORATE WELLNESS

Give the gift of wellness to your team. Establish a corporate partnership for your staff, providing a 20% discount on all services.

Qualifications

- 5 employees minimum
- Intake paperwork completion
- 3-month minimum company commitment
- Company guarantees employee visits via corporate credit card

